

IVY COURT SURGERY, TENTERDEN, KENT, TN30 6RB

Telephone 01580 763666

Pelvic Ultrasound Information

A **full bladder** is necessary for the scan to be successful. Please drink 2 pints of clear fluids (water or squash), at least 1 hour before your appointment and **DO NOT** empty your bladder before the examination.

If you are female please note: occasionally (this depends upon your Doctors reason for requesting this examination or the quality of the images initially obtained) it may be necessary to perform a transvaginal ultrasound examination. This will involve the gentle insertion of a small probe (smaller than a tampon) a very short distance into the vagina. The probe will be covered with a protective sheath and lubricated with gel. The procedure is not painful, but you may experience some slight discomfort as the probe is inserted. This may not be suitable for you if you have not been sexually active, had smears, internal examinations or worn tampons before.

If you have a period on the day of your appointment this will not prevent us from performing the examination, but if you would personally prefer the examination to be on another day, let us know as soon as possible.

Ivy Court Surgery employs fully-qualified ultrasonographers to perform these examinations and a chaperone will be present.

This examination may take up to 20mins.